



TOPSFIELD CROSS-COUNTRY FESTIVAL AT BRADLEY PALMER



Event Description: Cross-Country style races designed for OPEN and TEAM participation. We welcome runners with all abilities to participate.

Date: October 10, 2004

Time: 10 a.m. Kids 2K Fun Run, 10:30 a.m. Women, 11 a.m. Men, Awards at 12 p.m.

Place: Bradley Palmer State Park, Topsfield, MA

Distance: 5 kilometer Women's race, 8 kilometer Men's race

Course Description: Cross-Country style on dirt paths and rolling hills and Spectator friendly.

Entry Fee: \$10 pre and \$12 post, 2k kids run, \$2 pre and \$3 post

Awards: Awards will be given to the top 2 TEAMS for the women's race and top 3 Teams for the men's race. (3 runners per in team each event)

Post Race Refreshments: home style baked goods for all runners at the conclusion of all races.

Directions: Rte. 95 to Rte. 1 north to Topsfield, right on Ipswich Rd., Right on Asbury St. into main entrance. (978) 887-5931

Contact: Tom Derderian (tderderi@ix.netcom.com) or Joe Shairs (joseph.shairs@verizon.net)

websites: www.gbtc.org & www.northshorestriders.com



Mail-In Registration form

Make Checks Payable: North Shore Striders

Mail Entries To: Joe Shairs 16 Perley Ave. Peabody, MA 01960

Name: _____

Address: _____

City: _____

State: _____ Zip: _____ Club Name: _____

Daytime Phone: _____ Age on Race Day: _____ Gender M F

5K Run 8K Run 2K Fun Run

Team Members:

1. _____

2. _____

3. _____

I know that running is potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release the Bradley Palmer Fall Classic all sponsors, the town of Ipswich and Topsfield, Greater Boston Track Club, North Shore Striders, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. All fees are nonrefundable.



Signature

Date

Parent's Signature if under 18