

Blackstone Valley Heitage Homecoming Trail Relay Race

3 Legs – 4 miles – 5 miles – 4 miles – totaling 13 Miles

Sponsored by the Tri-Valley Front Runners Club

Where River Bend Farm Visitor Center, Uxbridge, MA
When & Time Saturday, October 9, 10:00 AM
Eligibility Open to men, women, and mixed teams. There wil not be gender or division awards.
 Awards will be given to the first five teams, that are determined by a handicap system

Course The first leg is run from the Visitor Center, along the canal tow patch and field and back to the Visitor Center. The trail is gravel and grass and level. The second leg is from the landing to Plummers landing and back to the Visitor Center. The trail iis woodsy with some rocks and roots and is level. The third leg is the same as the first leg.

Amenities Bathroom, water and post race refreshments. T-shirts are available for \$6.00 and must be ordered with the application by September 15. They will not be available on Race Day

Fees \$12.00 press / \$15.00 post per team, payable to Tri-Valley Front Runners.
 Mail to: Ray Lussier, 11 Pigeon Hill Drive, Grafton, MA 01519

Info Call Ray 508-839-2639 or Frank 508-473-4260

Name										1
Address										
Tel #					Club					
Gender	M	F	Age	DOB						
T-shirt	Yes	No	Size	S	M	L				
Waiver - In consideration of accepting our application, we and anyone authorized to act on our hehalves, waive and release the Blacksothe Valley National Heritage Corridor, the Town of Uxbridge, and the Tri-Valley Front Runners Club, all volunteers, and any other entity involved in the running of this event, from all claims or liabbilities arising from our participation, even though that liability may arise out of negligence or carelessness on the part of the persons or organizations named in this waiver.										
Signature / Parent or Guardian If under 18										

Name										2
Address										
Tel #					Club					
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