

La Sportiva Presents:

The Northfield Mountain

USATF NE Mountain Running Championship

13.2K of Up/down with 1800' of elevation change!

June 5, 2004 9:00AM Northfield Mountain Visitors Center

Directions: From Rt. 2 proceed North on Rt 63.

The park entrance is 2 miles on your right.

Pre-entry: \$10 Checks payable to Dave Dunham. Send to 108 Ferry RD, Bradford MA 01835 (sorry no refunds).
Race day: \$15 Registration 7 AM – 8:30 AM. Questions: dave.dunham@verizon.net

USATF NE Mountain championship & part of the USATF NE mountain running circuit.

More information on the 2004 New England Mountain Circuit: www.usatfne.org/trail/index.html

Other races in the series

- **May 23 - Wachusett Mountain**, Princeton MA, 4.3 miles, 9:30 a.m.
Note change to Sunday this year!!!
Contact: Barbara McManus, 508-890-8811 barbm301@charter.net www.cmsrun.org
- **May 29 - Mount Kearsarge** (Warner NH) 8.5 miles, 10 a.m.
Contact: Paul DiGeronimo, 603-456-3029, p_digeronimo@mcttelecom.com
- **June 26 - Mt.Ascutney Run to the Summit**, Windsor VT, 3.8 mile, 9:30 a.m.
Contact: Mt.Ascutney State Park, 1-800-299-3071 dominick_25@hotmail.com

-----Cut Here and Mail with entry fee to: Dave Dunham 108 Ferry RD Bradford MA 01835-----

Waiver: I understand that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in the event including, but not limited to: falls, contact with other participants, the effects of weather, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of acceptance of my entry: I hereby, myself, my heirs, executors, administrators, waive and release any and all rights and claims for damages I may have against Northfield Mountain, USA track and Field, Dave Dunham, race sponsors, their agents, representatives, successors, and assign for any and all injuries suffered by me on the way to take part in the race, during the race, and leaving the scene of the race. I ASSUME ALL RISKS ASSOCIATED WITH THIS EVENT. The use of Headphones and/or baby strollers are strictly forbidden.

Signature: _____ Date _____ Club/Team (if any) _____

Name _____ Age _____ Sex _____

Address _____ City/Town _____ State _____ Zip _____