

Savoy Mountain Trail Races

4.5 miles and 20 miles
Sunday, August 15, 2004 9:00 A.M.
Savoy Mt. State Forest
SAVOY, MASSACHUSETTS

Start/Finish: Savoy Mt. State Forest

20 Mile Course: 20 mile course is an out and back over hiking and atv. Trails. Hilly with an abundance of rocks and exposed roots. Can get very muddy with rainy weather. Race begins at 9:00 A.M.

4.5 Mile Course: 4.5 mile course is a loop circuit, primarily on hiking trails in the park. Plenty of rocks, roots and other trail hazards. Race begins at 9:15 A.M.

. Pre-Entry fee is \$10 for the 20 miler, \$8 for the 4.5 miler, before 8/1/04 (add \$5 for T-shirt) .

. Family discount: no charge in excess of that for 3 people if pre-registered.

. Sorry no refunds.

. Results posted on www.runwmac.com

. Refreshments: Barbecue for runners and guests.

More info: Ed Saharczewski (413) 743-5669 or saharczewski@aol.com

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Cut entry form along dotted line and send with check for fee made out to WMAC, P.O.
Box 1517, North Adams, MA 01247

Please circle which Savoy Mt. Trail Race you are entering : 4.5 mile or 20 mile

Name (please print) _____

Street _____

City/Town _____ State _____

Zip _____ Phone _____

Age _____ Sex _____

Please enter me in the indicated Savoy Mt. Trail Race. I agree to assume all responsibility for and all risk of damage or injury that may occur to me as a participant of this event. I hereby, for myself, my heirs, executors and administrators, release and discharge any and all sponsors of the Savoy Mt. Trail Races from all claims, damages, rights of action, present or future whether arising from, or incident to my participation in this event. I hereby certify that I am physically fit and have successfully trained for competition in this event. I grant permission for the use of my name and/or picture in any broadcast, photograph or other account of this event.

Signature _____ Parent/Guardian (if under 18) _____